

# THE REBEL GUIDE

*Orientation*

SUMMER 2024





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Photo by Marlee Crawford



# WELCOME TO THE *Ole Miss Family!*

Dear Scholars,

Welcome to The University of Mississippi! I would like to congratulate you on whatever achievements in your life have brought you to this point. Whether you're a recent high school graduate, transferring in from another two- or four-year college or returning to start (or finish) your education later in life, getting here is no small feat. Congratulations. I hope you are thrilled about what lies ahead.

I hope I'm not the first to tell you that you are here at a very exciting time. You will be among the first students to study in the Jim and Thomas Duff Center for Science and Technology. Lane Kiffin and Ole Miss Football are on a hot streak, clinching the program's first-ever 11-win season at the Peach Bowl in December 2023 — the team's fourth bowl game appearance in four years. Not to mention the elephant in the room — or rather, the lack thereof: More students are seeking higher education at UM than ever before.

There will be plenty to see, do and experience in the time you spend at this amazing place. Here are some suggestions to enhance your experience even further:

**Go to talks and programs.** Almost every school, department and program regularly invites speakers to campus to present research, discuss their work or simply engage in an exchange of ideas. They never fail to be engaging and enlightening yet are often sparsely attended. If you wish to nurture your intellectual curiosity, this is a great way to do so. Look at UM Today to see what's

going on. My personal favorites have been sponsored by the Overby Center for Southern Journalism and Politics, the Center for the Study of Southern Culture and the Department of African-American Studies.

**See more of Mississippi.** For many of you, attending college in Oxford will be your first time stepping foot in Mississippi. Though there is a lot to see and do in Oxford alone, there is much magic waiting for you throughout the rest of the state. Take a weekend trip to the beaches on Mississippi's Gulf Coast. See Elvis Presley's birthplace in Tupelo. Visit museums in the capital city of Jackson or go to one of the many festivals held around the state. You are in one of the most culturally and historically rich places in the world. Take time to experience it.

**Try something new.** This may seem like generic advice, but hear me out. Despite being a relatively small campus and community, UM and Oxford boast a diverse range of things to do. Pick the thing you can't imagine yourself doing, and do it. Go see a band you don't ordinarily listen to perform on the square. Join the intramural league and try a sport you're certain you'll be awful at. Take a class or seminar on a subject you're not familiar with. It may be challenging and you may not be great at it, but you'll be better for it. It's a skill to be comfortable embracing the unknown.

**Show appreciation for your professors.** This goes beyond telling them thank you (though you should do that, too). It's important to show up to

class and, when you are in class, to pay attention. Most professors are passionate about what they teach. Do your best to ask questions when you have them and to engage earnestly with the material at hand. Give your all on every assignment. It's not always easy, but effort indicates appreciation and respect, both of which your professors deserve.

**Find your community.** One of the best experiences of your college journey truly is making friends along the way. Whether it's through shared interests, cultural affinity or common goals, finding your people can provide invaluable support, friendship and a sense of belonging. Your college years are a time of growth and exploration, and surrounding yourself with like-minded individuals can enhance that journey exponentially. Your classes and student organizations are great places to start.

Overall, I would encourage you to approach each day with an open mind. Your time at UM will be nothing more than the sum of what you make of it. You are capable of achieving great things, and everywhere you look there is someone ready to help you and to cheer you on every step of the way.

I wish you a warm welcome and a fulfilling journey ahead.

*Violet Jira*

*Journalism and Philosophy  
Class of 2024 & former Editor-in-Chief,  
The Daily Mississippian*



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Photos by Colin Kennedy



# Are you ready, Rebels?

First and foremost, congratulations on being accepted into the University of Mississippi and making it to orientation. You are officially one step closer to being an Ole Miss Rebel. It seems like just yesterday that we were in your shoes, and now here we are, crafting a guide for incoming students.

In some ways, we feel a little unqualified to orchestrate any booklet of advice for new students. Over the past three years, bad grades have been made, mistakes have happened and opportunities have been missed. But with every misstep, the university has lent a hand to help pick us up again. Don't be afraid to fall.

As you embark on this new journey, you are bound to encounter challenges, but it is important to remember that you are not alone. Your admission into the university means that you are now a part of the Ole Miss family, and with that comes a support network of people who want to see you learn and grow throughout your time spent in college.

From tips to help you decorate your living space to guidance on how to stay on top of your studies, the Rebel Guide is here to help you begin to navigate your experience at UM.

As we try our best to offer words of wisdom, remember that we have only a few pages to fill here. There's SO much to say and such little time. But we have, hopefully, gathered a few of the most important pieces of advice.

The Rebel Guide has been such a pleasure to create, and we are so, so excited to share it with all of you. We have asked some of our wisest writers and mentors to share the advice they deem vital. Read it. Soak it in. And apply it to your journey here at the wonderful University of Mississippi, a place we are proud to call home.

**Best of luck and Hotty Toddy!**

*Clay Hale and Caroline McCutchen*

2023-2024 Arts & Culture Editors,  
*The Daily Mississippian*



# Here are four ways to build friendships during your freshman year

Story Lee

Your first year at Ole Miss will be exciting, but it can also be overwhelming. Many people come to campus with just a few friends from high school, and some come with none at all. Leaving old friends behind and making new ones can be a frightening task.

Luckily for you, the University of Mississippi is full of friendly faces and people who share your interests. There are plenty of first-year students in the same boat as you and plenty of upperclassmen looking to meet new people. Here are a few easy ways to connect with them.

## 1. Join clubs that interest you

One of the easiest ways to make friends is to surround yourself with people who share your interests. Ole Miss is home to almost 400 clubs and registered student organizations, so there is a place for whatever you love, full of people who love it just as much as you do. Even just

going to one meeting is a great way to run into people you can easily connect with and talk to.

## 2. Compliment people

As silly as it sounds, complimenting people on campus is one of the best ways to make friends. Genuinely complimenting someone's hair or outfit can make their day and open up a conversation. See someone wearing merch from your favorite band? You already have something in common, and complimenting them on it gives you an opportunity to talk and connect to each other.

## 3. Get a study buddy in class

Think back to your high school friendships. There is a good chance a lot of them came about from "forced proximity" — simply put, you saw each other in class every day, so you had no choice but to interact. College is a

little different. You will not know every classmate, and you will not see them every day. But you are still going to interact with some of your classmates: You will get sick and need someone to give you notes from the class you missed, or you will want another opinion on a question. Because of this, it is a great idea to share your number with a classmate in order to exchange notes and study together. This time spent working together can become the basis for a great friendship.

## 4. Make the most of your dorm

Not every freshman looks forward to dorm living, but living on campus creates unique opportunities for making friends. Go to the floor events your residential assistant organizes to get to know the people you live with. Leave a message on the whiteboard by your door that people are welcome to stop by and introduce themselves. Nothing beats having a best friend who lives two doors down.



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# Mental Health is Important, Too

At the University of Mississippi, we care about and value the overall wellbeing of all of our wonderful students. Mental health is just as important as any other health, so we've compiled a list of on campus resources that can help.



**University Counseling Center (UCC):** Has a “team of dedicated professionals who strive to offer the best care possible in an atmosphere of caring respect.” At UCC, individuals can complete individual, group or couples counseling.



**William Magee Center for AOD and Wellness Education:** “Offers a supportive and inclusive environment for students to meet with a wellness staff member.” The center works with four key areas of wellness: substance safety, sexual wellness, mental wellness and physical wellness. In terms of mental wellness, the center will work to provide students with coping skills needed to manage stress and anxiety.



**Clinic for Outreach and Personal Enrichment (COPE):** Offers free mental health counseling to members of the Oxford community and to faculty, staff and students at the university. Counselors at the clinic are second-year graduate students who are supervised by licensed counselors and faculty.

Navigating the culture of college can be tough. As you face new challenges in the classroom, you are also adjusting to new freedoms and responsibilities, forming new relationships, and questioning what your future will be. Know that you are not alone as you travel along this pathway.

**The William Magee Center for Alcohol and Other Drugs and Wellness Education is here to support you and your unique needs, whatever they are and whenever they occur while you are at Ole Miss. We can help you learn to balance your physical, mental, social, spiritual, and intellectual wellbeing. We want you to do more than earn a degree. We want you to become a Healthy Rebel for Life.**



*Ole Miss*

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for AOD and Wellness Education**





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# Freshman year survival guide

Chloe Dobbins

Beginning your first year of college can be exhilarating — making new friends, living on your own for the first time and studying what you want to study are all exciting opportunities. However, the new environment and workload sometimes lead to situations that can be intimidating. Here are a few tips on how to navigate some of the key issues freshmen might run into during their first year of college.

## All-nighters

First, let's be clear: All-nighters are not worth it. A lack of sleep can exacerbate other problems. However, if you're up late studying or doing homework and you realize the clock ticked a bit farther than you expected, don't panic.

After pulling an all-nighter, make

sure to take a shower, eat a good breakfast and get plenty of sleep the next night. Finally, consider why you had to pull an all-nighter and figure out a change you can make to better complete homework, study or socialize to avoid another one in the future.

## Study habits

Most people graduate from high school without experiencing a workload as heavy as a college workload — meaning your first semester's homework, research papers and studying outside of class might catch you off guard when you begin university. Try to figure out which times of day you are the most focused and always use a planner or calendar to keep up with assignments. Building a schedule will help you stay on top

of your workload and remember that it is okay — and often encouraged — to speak to your professors about concerns you have in their class.

## Changing majors

If after a few classes you begin to realize that your major might not be exactly what you want to study long-term, don't freak out. Many college students end up changing their majors several times. Since you will likely be knocking out most of your general education requirements as a freshman, there's no need to worry about degree requirements if you think you want to change your major. Remember: The University of Mississippi offers plenty of programs to choose from, so there is no shame in being unsure of your degree path as a freshman.

Photo by Colin Kennedy





# REBEL QUIZ

**1. What are the food delivery robots called?**

- Hungry Helpers
- Lightning Fast Foodies
- Starships
- Rebel Robots

**2. When did James Meredith integrate the university?**

- 1959
- 1960
- 1961
- 1962

**3. Why is the campus speed limit 18?**

- Archie Manning
- Eli Manning
- Peyton Manning
- Cooper Manning

**4. What is the name of Lane Kiffin's Dog?**

- Rebel
- Buddy
- Juice
- Manning

**5. Which of these is a freshman tradition?**

- Chicken on a Stick
- Rebel Run
- Going to the Library
- Ordering food from a robot

**6. What do we call the football game against Mississippi State?**

- Egg Bowl
- Sugar Bowl
- Peach Bowl
- Fiesta Bowl

**7. Which of the following is not a game day color?**

- Powder blue
- Red
- Navy
- Black

**8. Who is our first opponent in the 2024 football season?**

- Bama
- Tulane
- Furman
- Arkansas

**9. What type of animal can you find in the Grove?**

- Squirrel
- Turtle
- Raccoon
- Mink

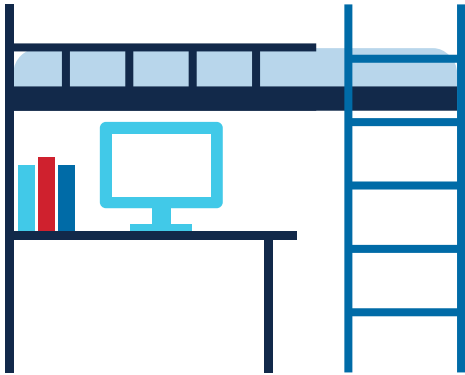
**10. What year was the University of Mississippi founded?**

- 1897
- 1902
- 2005
- 1848

1. Starships, 2. 1962, 3. Archie Manning, 4. Juice, 5. Rebel Run, 6. Egg Bowl, 7. Black, 8. Furman, 9. Squirrel, 10. 1848

# DORM ROOM ESSENTIALS

Lydia Waters



When going to college, living in a dormitory is a quintessential rite of passage. Being equipped with the right gear can help create a smooth transition into college and improve your entire dorm experience.

## Rolling laundry basket

A laundry basket is an essential in everyday life, and having one with wheels makes the task of washing and drying clothes much easier. Don't make the mistake of buying a laundry basket you carry or put on your back. Carrying a laundry basket can get heavy, and the straps easily break.

## Full-sized vacuum

Although a hand-sized vacuum gets a simple job done, a full-sized vacuum is much more reliable and can be used for years to come. Lots of vacuums nowadays are sleek and cordless, not taking up too much space or causing too

much hassle. It is worth investing in a full-size vacuum since the handheld models are not normally used much once you are out of a dorm.

## Bed pocket

Bed pockets are placed between the mattress and the outside frame of the bed. Although they seem minimal, these contraptions help immensely when the layout of your dorm does not permit a nightstand by your bed. They can easily hold your phone, headphones and many other important items.

## Lamps

Some dorm overhead lighting is dim — and if not dim, then cold, fluorescent, bright-white. Strike a happy medium by adding a lamp or other ambient lighting; this can help create a cozy atmosphere.

  
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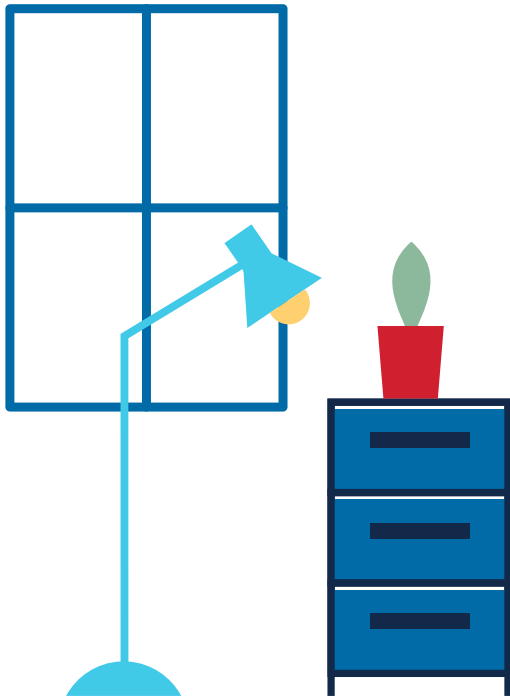


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### **Mattress topper**

This one is spoken of frequently and for good reason. A mattress topper truly makes or breaks the bed. Having some extra cushion helps guarantee a good night's sleep. There are many options to choose from, including some that even have lavender infused into the topper.

### **DampRid closet dehumidifier**

Hangable closet dehumidifiers absorb any excess moisture inside the dorms, protecting your clothing. And DampRid does not dry out the air, which could damage the clothing as well.

### **Small dinnerware set**

Microwaving food, eating cereal and even just getting

a glass of water are all made easier with a dinnerware set. Having a few utensils plus some plates, bowls and cups is an environmentally friendly option instead of using disposable plates and cutlery.

### **Handheld steamer**

A quick steam can smooth out a date party outfit or just a wrinkly T-shirt, making you look your best every day and night.

### **Hanging shoe rack**

You will have a limited amount of closet space. A hanging rack makes it easy to keep all your shoes organized and visible, so you know everything you have to work with — all while taking up minimal space.

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# What not to bring to your freshman dorm

*Sydney Stepp*

Setting up your dorm room is one of the most exciting parts of move-in week. It's tempting to bring along everything that might make your space feel like home. But, with space at a premium, you might regret it. Here are some things you absolutely do not need in your dorm room.

## **A rice cooker (or anything similar)**

A big part of moving into a dorm is understanding the rules and regulations regarding what is and isn't allowed. While some of the rules may seem silly, all of them are in place to keep you and your community safe.

Anything with a heating device is not needed or allowed inside the dorms. So leave the rice cookers, crock pots and hot plates at home where someone else can use them (safely).

## **Your entire wardrobe**

I get it: College is a new place, and you don't necessarily know what kind of occasions you will encounter. But with limited space, you have to restrict your closet to what is seasonal, practical and worn most often.

Limiting your wardrobe does not have to be boring. If you go home often, it can be helpful to take clothes you're tired

of, leave them there and bring in new items. If you live farther away, someone from home may be able to send you different pieces.

Sharing clothes and accessories with your new friends also can be a fun way to spice up your closet without taking up too much space.

## **Every book you own**

Similarly, you will not need every book that lives in your personal library. Really, you only need the books for your classes and a few that you know you will read.

With the literary wonderland Square Books right down the road from campus, it is almost inevitable that you will end up collecting way too many books to store in a dorm room. And, if there's a specific book that you have to read immediately but you're on a budget, I recommend getting a library card at the Lafayette County and Oxford Public Library.

## **Incense, wax melters and anything of the sort**

No matter how much cleaning the occupant before you did, sometimes dorm rooms smell a little stale, especially if they have been closed for the majority of the summer.

Even though it is tempting, refrain

from bringing things like incense sticks and wax melters into your dorm. Things that heat up can pose a major fire hazard around bedsheets and curtains, and they can potentially harm you. (I personally have dropped one too many lit incense sticks on the rug.)

Instead, you can opt for a heatless way to bring good smells to your room. Wallflowers and room sprays are safe and easy ways to brighten up the scent of your room.

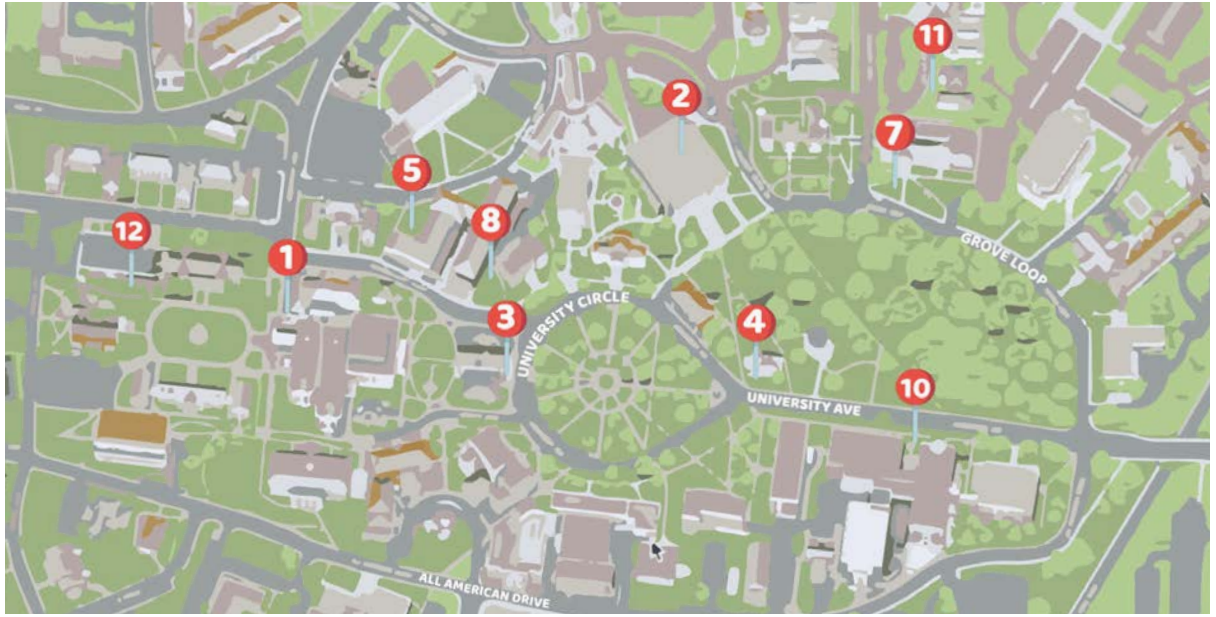
## **Decorations from your bedroom at home**

You inevitably will go home for a weekend, holiday or break, and it can be shocking to come back to an empty and unfamiliar room. A few items such as pictures or posters from home will help you feel comfortable in the dorm, but you don't want to strip your room at home, either.

Use this time to experiment with new styles. Throughout your year in the dorm, you will accumulate posters, decorations and other memorabilia that will mark your time at Ole Miss. Functionality and safety are the most important factors in your new home. If your dorm doesn't look picture-perfect the first week, don't sweat it. It will develop personality over this exciting new time.



# CAMPUS MAP



1. J.D. Williams Library  
2. The Union  
3. The Lyceum  
4. Ventress Hall

5. Conner Hall  
6. School of Applied Sciences  
7. Farley Hall

8. Holman Hall  
9. Brevard Hall  
10. Thad Cochran Research Center

11. Honors College  
12. Rebel Market

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# ADVICE FROM FRESHMEN FOR FRESHMEN

*Mary Evans*

Starting college can be both exciting and overwhelming. Here is advice from some 2023-2024 UM freshmen to help you thrive during your first year of college.

## **Balance your time**

Striking a balance between studying and socializing is crucial for a successful college career. Learn from the experiences of your peers and do not make the same mistakes they did.

“You have to learn when you’re going out too much and not going out enough. You have to find a good balance or you’ll not have fun or do too badly in school,” Sam Strange, a business major from Jackson, Miss., said.

## **Choose your classes wisely**

Picking the right courses can make or break your academic experience. Be sure to check out your professor, keep up with your degree requirements and craft your ideal schedule to make sure that you show up and stay engaged.

“Take what you want to take, but obviously make sure to listen to your (academic) adviser. When I find the ability to love what I’m learning, I’m having a good time,” James Barber, a

mechanical engineering major from Centennial, Colo., said.

## **Actually go to class**

Attending classes regularly is crucial to academic success. Even if you are not paying full attention, it is amazing how much information you retain from just showing up.

“I’ve figured out more of what I want to do just because I was going to class,” Max Ermo, a finance major from Houston, Texas, said.

## **Create meaningful relationships**

Whether you are from Mississippi or out-of-state, building genuine connections is an essential part of the college experience. Still, it is important to create and maintain boundaries.

“It’s okay to be alone. You don’t have to be around people constantly. Even though your first week of class you’ll look around and see all these people that appear to have friends, just remember that you’ll make friends in time,” Megan Winters, a political science major from Littleton, Colo., said.

## **Embrace change and homesickness**

Navigating homesickness and

getting used to a new environment are common roadblocks for freshmen. The first few months are often the hardest, but it gets easier.

“Being really far from home, it was really scary. First semester, I was really homesick and I had that fear of ‘Am I going to have friends?’ But I found that you have to be uncomfortable to be comfortable,” Annabelle Kirchner, a general business major from Parker, Colo., said.

## **Enjoy the journey**

College is a time for growth, exploration and lasting memories.

“Take it slow. Everything goes by so fast when you first get here. You’re going to be so overwhelmed,” Samantha Brown, a journalism major from Gainesville, Va., said.

Take the advice shared by fellow freshmen to heart, but also remember that everyone’s Ole Miss experience is different. Keep an open mind to new experiences, be willing to step out of your comfort zone and, most importantly, enjoy the journey. Your first year will fly by, but the memories will last a lifetime.

Here’s to an unforgettable freshman year!



# Five transition tips for transfer students

Jane Dunn

Whether you're coming from a junior college or another university, transitioning to a new school can be both challenging and terrifying. Luckily, the University of Mississippi is constantly working to assist transfer students in acclimating to their new environment and feeling welcomed into the UM family. The following tips offer guidance through the transition process.

## #1: Reach out to advisers and mentors

An academic adviser or any trusted faculty member can be reached before arrival on campus to ensure everything regarding academics is ready. Whether you're transferring from a community college or a four-year university, making sure all your previous earned credits align with your UM degree path checklist is vital to ensure success. This can be made simple with the help of UM's Transfer Course Equivalencies tool found under the Office of the Registrar tab on the UM website.

The Center for Student Success and First-Year Experience and UM's admission counselors can assist with this adjustment. I also recommend finding a professor within your major to whom you can turn for questions once you begin classes.

## #2: Utilize public transportation

The Oxford-University Transit system is a free source of transportation available to all students and community members.

The shuttle system runs both on and off campus, including 14 area routes and three on-campus

express routes. Whether you need a ride from your house, apartment complex or far commuter lots, the bus is both reliable and efficient.

Apple and Snapchat maps are the best tools for navigating your way around campus and locating classes. These will be your best friends during the first couple of weeks. I recommend walking around campus a couple of times before classes begin in order to avoid confusion the first day.

## #3: Take advantage of student resources

One amazing thing about UM is all of the free amenities it offers.

The J.D. Williams Library offers free tutoring in various subjects. The Writing Center and the Math Lab offer one-on-one consultations and group workshops. The Career Center is also a great tool for helping prepare graduates for their transition into the working world.

The South Campus Recreation Center and the Turner Center are amazing places for a lift, swim or pickup game. UM also offers access to tennis and pickleball courts year round. For those who love to run, hike or bike, the South Campus Rail Trail — also known as Whirlpool Trails — is a beautiful five-mile round trip with many side trails as well.

## #4: Seek community

Finding community is probably the hardest part of transitioning to a new school. Oftentimes, you're coming in alone and just hoping for the best. It is easy to let fear and social anxiety keep you locked in your room, but you must step outside of your comfort zone to experience what UM has to offer.

There is an abundance of

clubs and activities to join, from a Milk and Cookies Club to Fly Fishing Club. There truly is something for everyone. Get involved as soon as you can.

Also, there are religious-based groups for people of various faiths. Find one that speaks to you and connect with like-minded individuals.

If you consider yourself the sporty type, UM offers almost every sport in club or intramural form. This is a great way to stay active and meet others with interests similar to yours.

## #5: Get local

Immerse yourself in the Oxford community. Many events happen each week in our small city, offering opportunities to meet new people doing activities outside of campus.

Monday trivia at the Blind Pig gives the "fun fact friend" a chance to showcase their knowledge, Thursday night bingo at Moe's BBQ can offer a wholesome study break, while the local farmer's market — Oxford Community Market — brings fresh fruit and produce to town every Tuesday. For those interested in poetry and art, the non-profit organization Iris Arts is always searching for new talent to showcase.

Trust the process of this experience. The ups and downs are going to make it all worth it in the end. Know that you're not alone; there is a community out there waiting for you.

I highly recommend all transfer students join the Transfer Leadership Organization. This is an active community made up of and led by transfer students. They offer insight into everything that comes with the unique experience of transferring schools.

# Jeridiane's five ways to stay on track

*Jeridiane Ray*

Freshman year is a roller coaster ride of twists, turns and turbulence. As you navigate this new chapter in your life, it is important to implement some habits and structures to help you succeed in the world of college. Here are five life mottos that I live by to help me stay focused and on track throughout this crazy trip.

## 1. A consistent routine creates balance

I found that the easiest chain of command for structuring a routine is: lectures, deadlines, meetings, goals.

In terms of priority, attendance is mandatory for lectures, and your lectures create the framework for how much time outside of class should be allotted for each course. Then, it is important to finish your coursework

within a reasonable time in regard to your deadlines. Even keeping up just one day ahead of when your coursework is due is a strong idea.

Your meetings for different organizations and offices on campus should be scheduled during convenient hours that are before or after classes. These are implemented much later in the chain of command because meeting times are usually more flexible and negotiable than lecture times and coursework deadlines.

Lastly, your weekly goals are targets and priorities that can be completed throughout the week. Once you know how much of your time to contribute to lectures, deadlines and meetings, you will then be able to prioritize the time spent striving toward other personal goals.

I have found that this chain of

command has helped me sort out my priorities and has kept me in charge of what is going on in my life. Knowing exactly what you will be doing each and every day mitigates the hustle and bustle of college life.

## 2. You can't be surprised if you know what's coming

No more surprises! Effective planning manifests in stability and leads to more clear expectations for your day. If you hate planners like I do, buy sticky notes in your favorite color and place little reminders on your mirror.

My favorite apps for planning are Notion and Structured. Notion allows you to categorize events and deadlines by priority, which is my favorite quirk about Notion. Structured uses a

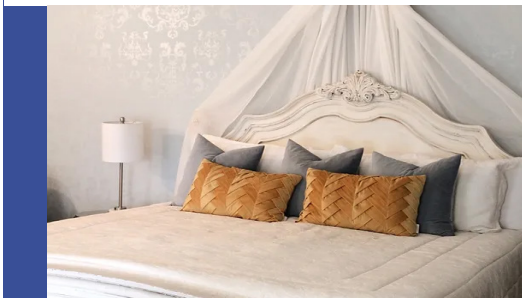


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color-coding system for your agenda, which helps me visually imagine my expectations for the day.

I have found that setting up a weekly plan each Sunday outlining due dates, meetings and work schedule relieves some of the anxiety I experience at the beginning of the week. Another key to planning for homework or large projects is to complete one part, one question or one activity the day you receive the assignment. This will help you measure how long it will actually take to complete the assignment and relieve some of the procrastination stressors you will start to experience as deadlines approach.

### 3. A clean space reflects a clear mind

The first few months in a new place without your parents may sound like a dream come true. It will be nice to finally make your own decisions and see the world for yourself, but there was one thing that your parents were always right about: Keep your space clean, especially if you live with a roommate.

You should do your laundry, sweep the floors, organize your belongings and clean your bathroom once a week. Also, remember to wash your bed sheets every one or two weeks depending on your daily habits. I have found that it is easier to do laundry in on-campus housing on weekend nights or anytime the city of Oxford is busy.

Sundays are a good day to rejuvenate, reflect and declutter your room. Amazon and Walmart have storage bins, storage trays and many other tools that help organize your space. Utilize these tools to compartmentalize your belongings as you transition into your home away from home.

### 4. We are miraculous, but sometimes we cannot do it all

Among these tips, I feel that this realization is the most simple idea, yet it is the hardest strategy to implement. You have to learn how and when to say no.

At times, the best way to keep yourself organized is to avoid

overwhelming yourself with last-minute plans or meetings. At the moment, committing to last-minute plans may seem expedient. However, this commitment, more often than not, will cost you the opportunity to remain on schedule and often will bleed into other commitments for which you already are prepared.

Saying no in these instances is all about respecting your time and goals.

### 5. Free time isn't always free

The most uncomfortable transition from high school to college is changing from an eight-hours-per-day schedule to a self-made schedule with embedded breaks. On that note, it is so tempting to fall into the trap of overly embracing your times of leisure.

Rest and leisure are vital aspects of a healthy college experience. However, it is imperative to understand how to utilize your free time correctly to stay on top of your schedule. No matter how you spend your free time, always ensure that there is not a demand for coursework or other priorities.



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# Ranking Ole Miss Football games in 2024

Nate Donohue

Football is huge in the 'Sip, and this year promises some thrillers. To prepare fans for the 2024 season, here is a ranking of how excited you should be for Ole Miss games.

## #12: Middle Tennessee (Sept. 7)

Living up to its name, Middle Tennessee State University finished in the middle of Conference USA with a measly 4-8 record. Heard of them? Neither have we. Have fun in the Grove because this game will be a snoozer.

## #11: Georgia Southern (Sept. 21)

The Eagles' wings were clipped after a 20-point trouncing in the 2023 Myrtle Beach Bowl. The Vaught is not a cozy nest to be licking your wounds. This is going to be a massacre.

## #10: @ Wake Forest (Sept. 14)

A mid-September away game against the bottom-feeders of the ACC? Toot the horn on the Lane Train. (And what even is a Demon Deacon?!)

## #9: Furman (Aug. 31)

They finished with a 10-3 record last year ... in the FCS, which is peewee-league football. This home opener might get ugly. By the way, is "Furman" not just a more delicate way of saying "Sasquatch?"

## #8: @ South Carolina (Oct. 5)

The Gamecock versus the Landshark. Scholars and philosophers have debated this one for centuries. We'll keep it simple and put our money on the one familiar with land AND sea.

## #7: @ Arkansas (Nov. 2)

In Fayetteville, it is customary to drag the simple one-syllable word "Hogs" into an alphabetic monstrosity that somewhat resembles "HhhhhhAAAAWWwwgs." This will be an intense environment, but the Hogs finished last in the SEC West last year, and our Rebs should take care of business.

## #6: @ Florida (Nov. 23)

The Gators have not been good since Tim Tebow was their quarterback. Well, maybe they were all right when they had Kyle Pitts, but since then, they have been the pits. Beware, Gators: Landsharks can swim, too.

## #5: Kentucky (Sept. 28)

Last time I checked, UK was a basketball school ... despite making early exits from the Big Dance just about every year. Let's face it, Wildcats: Y'all wouldn't win the SEC in football if Eli Manning was your quarterback. These guys aren't even the best team in Kentucky.

## #4: @ LSU (Oct. 12)

Let's be real. If the Tigers couldn't beat us last year with Heisman winner Jayden Daniels at the helm, they won't beat us this year. Away game in Death Valley? We'll be there. LSU? The L is in their name, people!

## #3: Oklahoma (Oct. 23)

OU seems to be convinced that what's been holding them back from making the College Football playoff is their weak Big 12 Conference schedule rather than their annual embarrassments against shrimps like West Virginia and Kansas. Well, welcome to the Southeastern Conference, Oklahoma! We'll show you how a real SEC school plays football — Sooner than later.

## #2: Mississippi State (Nov. 30)

Egg Bowl. In the Vaught. They hate us, my fellow Rebels, because they ain't us. Grab a turkey leg and get out there.

## #1: Georgia (Nov. 9)

The battle we've all been waiting for: UGA, the slobbery, replaceable Bulldog, versus Juice Kiffin, the one-of-a-kind yellow lab who doesn't just sit there and look cute — he also retrieves kickoff tees! Georgia is a consensus top-five team heading into 2024. This game is going to be electrifying.

# MUST-HAVE APPS FOR COLLEGE



## Instagram

Follow every Ole Miss page on Instagram to make sure you never miss anything. If there's something happening anywhere on campus or in the Oxford area, an Ole Miss page will tell you.



## Blackboard

Use Blackboard to keep track of your grades. You can also see comments from your professors on your assignments. Professors also use this app for announcements.



## GroupMe

Most classes have a GroupMe. Most organizations have a GroupMe. Download the app to keep in touch with your classmates and group members.



## LinkedIn

Networking is one of the most important things to do in college, which is where LinkedIn comes in. Follow the University of Mississippi page on the app and connect with current students and alumni.



## Mail/Gmail

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Photo by Colin Kennedy

# ICONIC SYMBOLS OF OLE MISS

*Claire Reynolds*

With a rich history and countless traditions, there are several iconic symbols of Ole Miss that every incoming student must be acquainted with. From historic buildings to four-legged friends, here is a list of some of the most well-known landmarks and figures at the university.

## **The Grove**

Revered for being the premier spot to tailgate on football weekends, the Grove is so much more than the 10 acres it encompasses. It is where students start their Ole Miss experience by attending orientation and where they close the book on their collegiate years at convocation. On football weekends, strangers welcome each other to their tents with delicious foods and even warmer smiles. On quieter weekends and weekdays, students can be seen taking advantage of the picnic benches shaded by the canopy of oak, elm and magnolia trees planted throughout the heart of campus.

## **Juice Kiffin**

Juice Kiffin, football Head Coach Lane Kiffin's yellow labrador retriever, has made a name for himself. This pup can be seen pacing the sidelines at football games, awaiting his chance to

show off his own football prowess by retrieving the kickoff tee. Juice's rise to stardom was swift. The canine has amassed a large social media following and has made his way into the hearts of people from around the world. He has come to be so loved by the Ole Miss fan base that many have thought him to be the university's unofficial mascot.

## **Phi Mu fountain**

Paid for by Ole Miss alumni and the Phi Mu sorority, this iconic symbol was designed by Martin Aquatic in 2003. Located in the middle of the Quad, this water feature is as a centerpiece between the J.D. Williams Library, Bondurant Hall, Paris-Yates Chapel and the Paul B. Johnson Commons. When the weather is nice, students can enjoy the serenity that the sound of gentle cascading water adds to their class commute. Many freshmen try to cross climbing this piece of architecture off of their freshman bucket list. However, scaling campus landmarks is highly discouraged.

## **Ventress Hall**

Towering over university grounds since 1889, Ventress Hall has been a multifaceted symbol of Ole Miss. Over the years it has housed the university

library, the law school and several academic departments. In 1998, it became the home of the College of Liberal Arts. It was tradition for students to sign their names inside the building's turret; some names date back to when the building was the law school. When renovations were being made to the building, the turret was closed off and those names now are preserved. The window above the main staircase, a memorial to the University Greys who fought in the Civil War, was created by the Tiffany Glass Company.

## **Speed limit signs**

Vehicular speed limit signs on campus display the number 18 — the jersey number of Archie Manning, one of Ole Miss Football's most esteemed quarterbacks. In 1969, Manning was named to the All-SEC Team, voted SEC Most Valuable Player and was named Mississippi Sportsman of the Year. In 1970, he was once again a member of the All-SEC Team. This Drew, Miss., native's Ole Miss Football jersey number was retired by the university. Only three other players have been recognized with this honor: Chucky Mullins, Ben Williams and Manning's son, quarterback Eli Manning. Eli's jersey number 10 is posted on speed limit signs on roads around the athletic facilities on campus.



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## What are our values?

- Academic Excellence
- Civic Engagement
- Diversity, Equity, & Inclusion
- Health & Wellness
- Personal & Professional Development

**BY THE NUMBERS**

*The following self-reported data illustrates our community and its impact on the student experience during the 2023 calendar year.*

**8,916**

affiliated undergraduate community members

**3** nationally recognized councils

**33**  
organizations

**53,700**  
community service hours given

**3,941**  
students involved in another campus organization

**\$2.4 MILLION**  
raised for charitable organizations

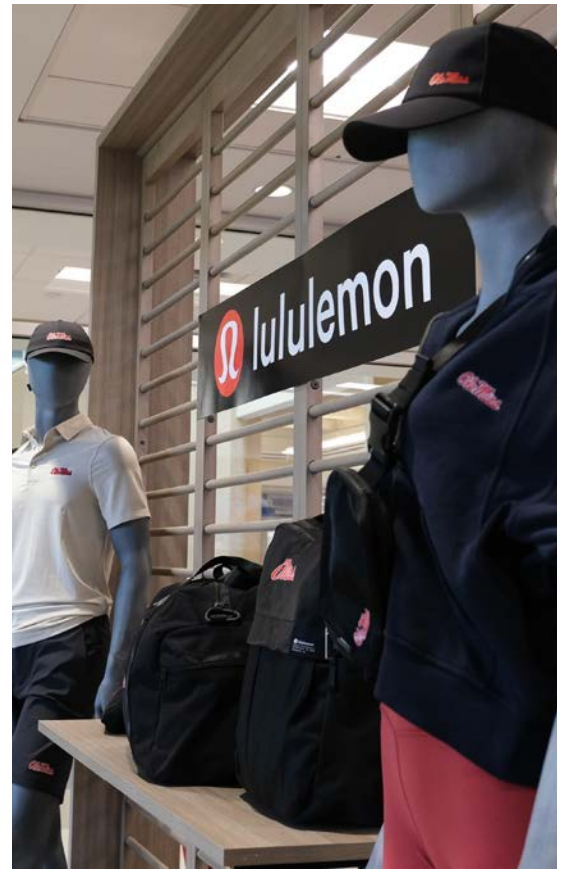


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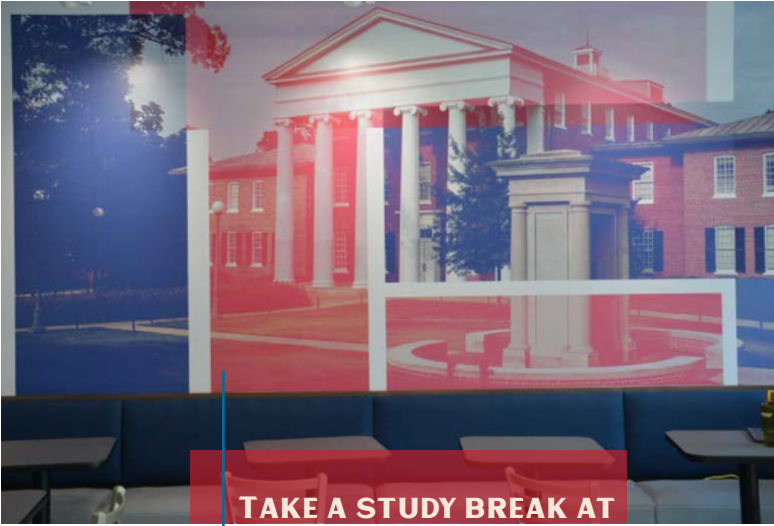
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# 9 UNIQUE STUDENT ORGS TO GET INVOLVED IN

*Aliza Warner*

Being involved in the campus community through student organizations is a great way to enrich a college experience and education. These groups help you meet new people while participating in enjoyable activities outside the classroom. The University of Mississippi has plentiful student organizations to join, so here are a few to check out.

## **Aqua Culture**

If you are interested in marine and freshwater environments and conservation, Aqua Culture has many activities geared toward these subjects, including clean-ups, water testing and other service projects.

## **Ole Miss Student Dance**

If you love dancing, the university has a student-run dance company that offers free weekly classes for all skill levels and styles. Students also hold a performance each semester in

which students can audition for both dance and choreographer roles.

## **Ole Miss Chess Club**

This is a place where students can learn, play and compete in chess. This organization also teaches and tutors chess strategies and techniques.

## **The UM Swift Society**

Described as a group created “by Swifties, for Swifties,” this organization for fans of Taylor Swift holds events to celebrate Swift’s album releases and meets monthly to share their love of the singer.

## **Women in STEM**

If you are pursuing a STEM major, this organization is a great place to establish connections with others and support women’s empowerment in STEM fields.

## **Ghostlight Repertory Theatre**

This student-run theatre group

produces, creates and performs works multiple times a year. This theatrical organization is also a great way to prepare for the professional acting world.

## **Ole Miss Students for Sustainable Fashion**

If you are interested in promoting sustainability in the fashion industry, this organization strives to educate and promote sustainable practices.

## **Ole Miss Book Club**

Avid readers should consider joining the university’s book club, which meets monthly to discuss the group’s current book selection.

## **Oxford Reels**

A film organization run entirely by students, Oxford Reels has opportunities for students to write and produce their own films and digital media work.

Photo by Kate Kimberlin





# Songs that all Ole Miss students need to know

Raegan Settle

Mississippi may be the home of the blues, but Ole Miss is home to the best hype songs in the SEC. When you join the student section at Vaught-Hemingway Stadium, jump right into the fun this fall by singing along to these songs. Your game day playlist starts here:

## “Love is Gone” by Chris Willis and David Guetta

A fan favorite at Ole Miss sporting events, “Love is Gone” is played during football timeouts and between baseball innings, and it breaks crowds into dance. When the iconic beat drops, turn on your phone flashlight and pump your fist to the rhythm. “Love is Gone” never fails to make fans smile and feel like part of the Ole Miss family.

## “SkeeYee” by Sexy Red

Following Ole Miss Football’s 2023 win over Louisiana State University, quarterback Jaxson Dart went live on Instagram filming himself and his teammates singing along to “SkeeYee” in their locker room. The catchy, Southern rap tune is a hit across Oxford. Be ready to belt the opening lyrics.

## The “Hey” song played by the Ole Miss band, The Pride of the South

This quintessential marching band anthem is best recognized for the rallying call that accompanies it: the Hotty Toddy chant. Played at the beginning of home sporting events and following victories, Rebel fans raise

their voices to declare that Ole Miss either will or has just “beat the hell outta you.” Chanting along to the “Hey” Song will always provide a rush of adrenaline.

## “Revival” by Zach Bryan

You aren’t living the Southern life unless you can belt the chorus to “Revival.” Rising to cult classic status since its release in 2020, the well-known Zach Bryan song is an anthem for Ole Miss fans after a long day of cheering on the Rebels. After a day spent in the Grove and hours standing on bleachers, students look forward to reviving their spirits when this song starts to play.

## “Friends in Low Places” by Garth Brooks

Often played at Ole Miss Football games in fourth-quarter sing-alongs, “Friends in Low Places” has the tendency to bring the quietest fans to a hum. This well-loved Garth Brooks tune naturally moves students to throw their arms around friends’ shoulders in displays of camaraderie. The song is a testament to the family that one never truly graduates from at Ole Miss.

## Alma mater

When the clock hits 00:00, stand and remove your hats when the alma mater is played to honor the place that ever calls. For nearly 100 years, the melody has been played at special events at the University of Mississippi. Those who hold Ole Miss dear to their hearts sway in reverence to the traditional tune learned at freshman orientation.





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## THE DAILY MISSISSIPPIAN

Thursday, March 28, 2024      theDMonline.com      Volume 112, No. 23

### Senate committee passes its Medicaid plan

**DENTON JENKINS**  
 The Mississippi Legislature's Senate Medicaid Committee voted Wednesday to pass a version of a Medicaid expansion bill. The legislation will now head to a floor vote in the full Senate. The legislation in the Senate's title is House Bill 1722, which passed in the House on Feb. 28 with overwhelming support. The Senate's version of the bill limits the House's original Medicaid expansion coverage, while not a concrete plan for expansion, was brought to a vote. Instead, Senate leadership has proposed lengthy amendments to the bill's counterpart from the House of Representatives. Senate Medicaid Committee Chairman Kevin Mitchell's a Republican, told Mississippi Today that he was using a "political chisel" on the House's bill that will allow him to enforce a work requirement clause already present within

**SEE MEDICAID PAGE 2**



### PROBLEMS AT THE POLLS

**KHARLEY REDMON**  
 Despite results from this year's Associated Student Body election being announced on Tuesday, March 26, with a runoff to take place today - Thursday, March 28 - the election was not without problems. Several students struggling to cast votes, including first-time voters, and one candidate being left off the ballot at the start of the morning. The ASB Department of Justice and Judicial Council have been conducting Election Review Board hearings, ASB President Sara Kurten said. Title V Institute Dade F. Kuester, one of the ASB Coordinators and Code maintainers, said the results of such hearings he publicly disclosed after the completion of the election

**SEE POLLS PAGE 2**

### ASB senators elected, races for VP and president go to runoff

**NOAH WILKINS**  
**KHARLEY REDMON**  
 The candidates for the vice president runoff are sophomore economics major Jack Jones, who received 27.5% of Tuesday's votes, and junior international studies major Jack Mitchell, who received 21.5% of the votes cast. "I saw that 'I' was in the runoff, and I was obviously very relieved," Jones said for another moment. "I'm so grateful for this opportunity to serve the student body as senator. I cannot wait to serve every single student on this campus." Day said he's looking forward to getting the ball rolling with expanding the community review and connecting equity and inclusion on campus, and making sure that change is happening within ASB for the better. Mitchell's runoff race was also attorney general - were decisive. "It's really excited," Ball said. "In the past, there have been elections where I haven't been announced. This year, you know, going into it, we knew that I was going to be the vice president, and there's going to be someone else who's going to be vice president, and that's not fair. I wanted to make sure I was still campaigning, and reaching out to people, and we did that, and I'm really excited about it." Now that Ball has seen his hard work pay off, he has his sights set on how he can continue the work he has begun. "There is a lot to do. As differently, I want to make sure that no one else we are continuing to be an inclusive space and continue to be an

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# The best places to energize on campus

*Isabelle Frost*

As the semester begins, so do the late-night cram sessions and early morning classes. Whether you are spending long nights in the J.D. Williams Library or getting ready for your 8 a.m. class, staying energized is crucial. From coffee shops to loaded tea trucks, the University of Mississippi campus is full of places to find a pick-me-up.

## **Coulter Starbucks**

Arguably the best coffee on campus can be found at the Coulter Starbucks. Whether you are headed to class or just stopping by, Coulter Hall's Starbucks is a go-to because of its variety and quick service. This Starbucks accepts Flex dollars and is fully stocked with teas, coffees, refreshers and classic Starbucks snacks.

## **The Tea Truck**

If you find yourself walking in front of the student union, you may pass the loaded tea truck, known as The Tea, near the Croft Institute building.

The loaded tea truck serves fruity drinks that contain anywhere from 100 to 250 milligrams of caffeine. The Tea accepts Flex dollars and is a super fast option if you do not want to wait in the Starbucks line.

## **J.D. Williams Library**

The second-best coffee on campus can be found at the J.D. Williams Library. Although this tends to be a very popular destination for sleepless college students, this Starbucks is perfect if you know the right times to go. The Ole Miss Live Webcams, which can be found online, show how long the line is at any time, allowing you to gauge whether there is time to get a beverage before class. This location has the classic Starbucks drinks and foods and is perfect if you want to grab a refreshment before a library cram session.

## **Einstein Bros. Bagels**

This hidden gem on campus can be found in Anderson Hall. With

smoothies, bagels and breakfast sandwiches, Einstein Bros. Bagels is a perfect stop before a dreaded 8 a.m. class. Einstein Bros. is also known for its iced coffees and frappes.

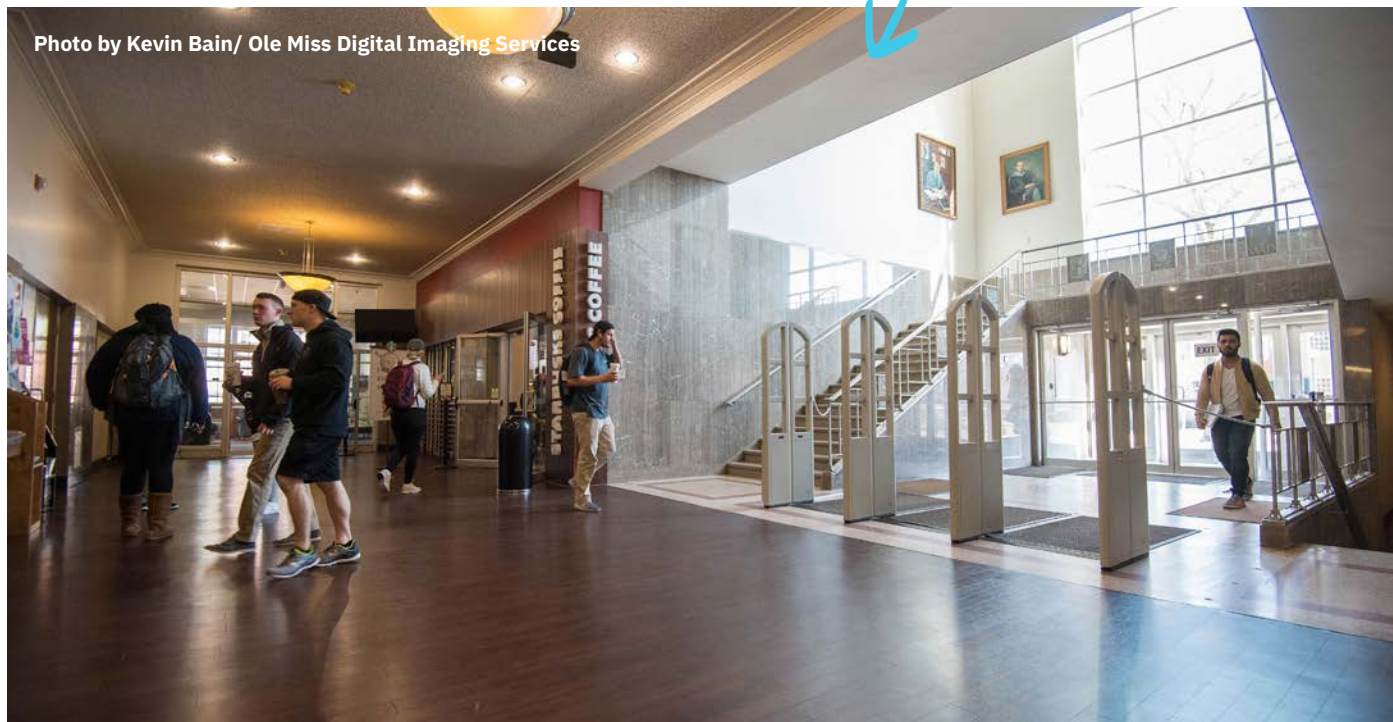
## **Lamar Hall P.O.D. Market**

From protein shakes to energy drinks, the Lamar Provisions on Demand Market has a lot of options. Located on the first floor of Lamar Hall, this market is the good place to grab a quick snack and drink on the way to class. The self-service checkout and fully stocked shelves make this a popular quick stop for a morning or midday pick-me-up.

## **Turner Center couches**

When caffeine is not doing the trick, it is important to find creative ways to recharge. If you are in need of a midday nap, you can find solace at the Turner Center — specifically in The Well. Located on the second floor overlooking the pool are bean bags and couches perfect for lounging.

Photo by Kevin Bain/ Ole Miss Digital Imaging Services





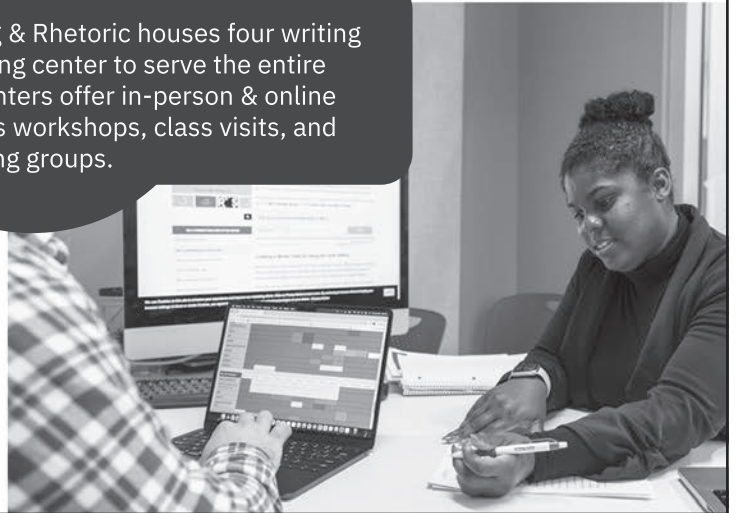
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# ROUNDAABOUTS 101

Violet Jira



On your way to the University of Mississippi's Oxford campus, you might have noticed something different about the way traffic flows through town. It is almost impossible to get anywhere without encountering at least a few traffic circles — or roundabouts, as we refer to them in Oxford. Oxford has more of them than any other city in the state.

Roundabouts serve as an alternative to traditional intersections. Instead of coming to a stop at a traffic light or stop sign, traffic moves around a circle. You enter when it is your turn, and you exit in whatever direction you wish to go.

Roundabouts have many benefits. According to the Mississippi Department of Transportation, they can reduce crashes by 50% and fatalities by 90%. But for drivers unfamiliar with them, as you may be, they can be confusing and maybe even scary. According to MDOT, here are some roundabout tips to keep you safe as you explore Oxford:

**1. Yield to drivers in the roundabout.**

As you approach the roundabout, reduce your speed and prepare to yield to drivers who are already in the circle.

**2. Traffic flows counter-clockwise.** Follow the flow of traffic and turn right to merge into

and out of the roundabout.

**3. Stay in your lane.** Many of the roundabouts in Oxford have multiple lanes. Do not change lanes once you are in the roundabout. Take care to make sure you remain in your lane as you drive through the circle, as there may be someone next to you.

**4. Do not stop in the roundabout.**

Once you have entered the circle, keep moving steadily and maintain a safe following distance from the vehicle in front of you.

Additionally, avoid driving next to oversized vehicles like box trucks and 18-wheelers, which may need extra room to navigate the roundabout. If you miss your exit — do not panic. Just continue around the circle until you have the opportunity to exit again.

It will be different at first, but with practice, it is possible to learn to enjoy a way of getting around that is uniquely Oxonian. Welcome to Oxford!

Photo by Srijita Chattopadhyay/ Ole Miss Digital Imaging Services





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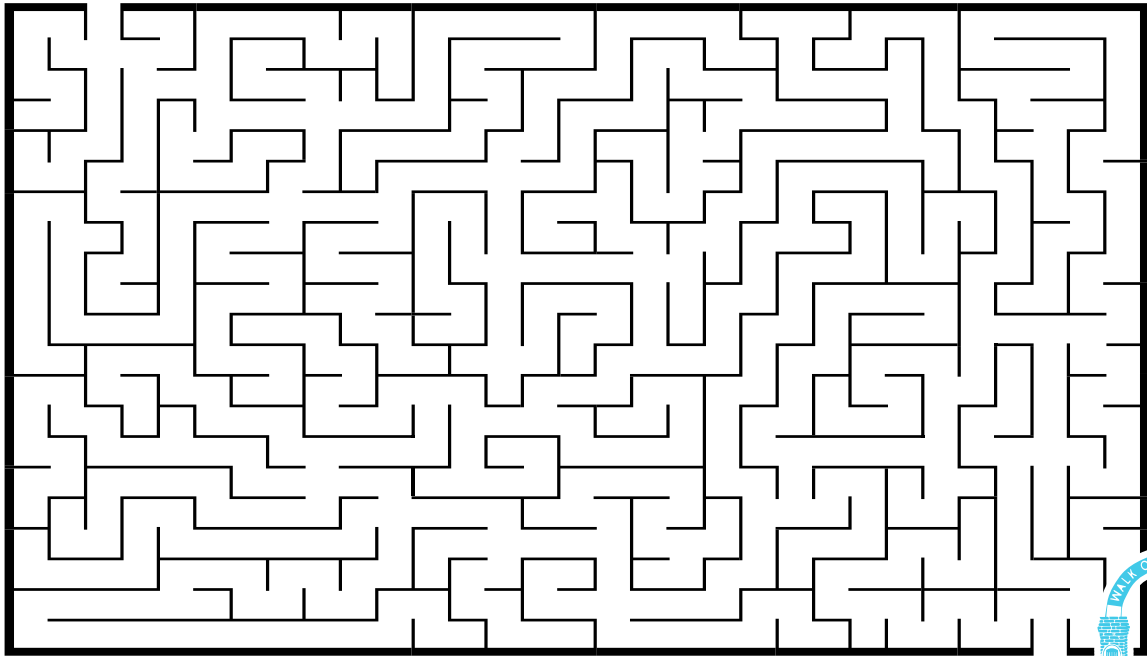
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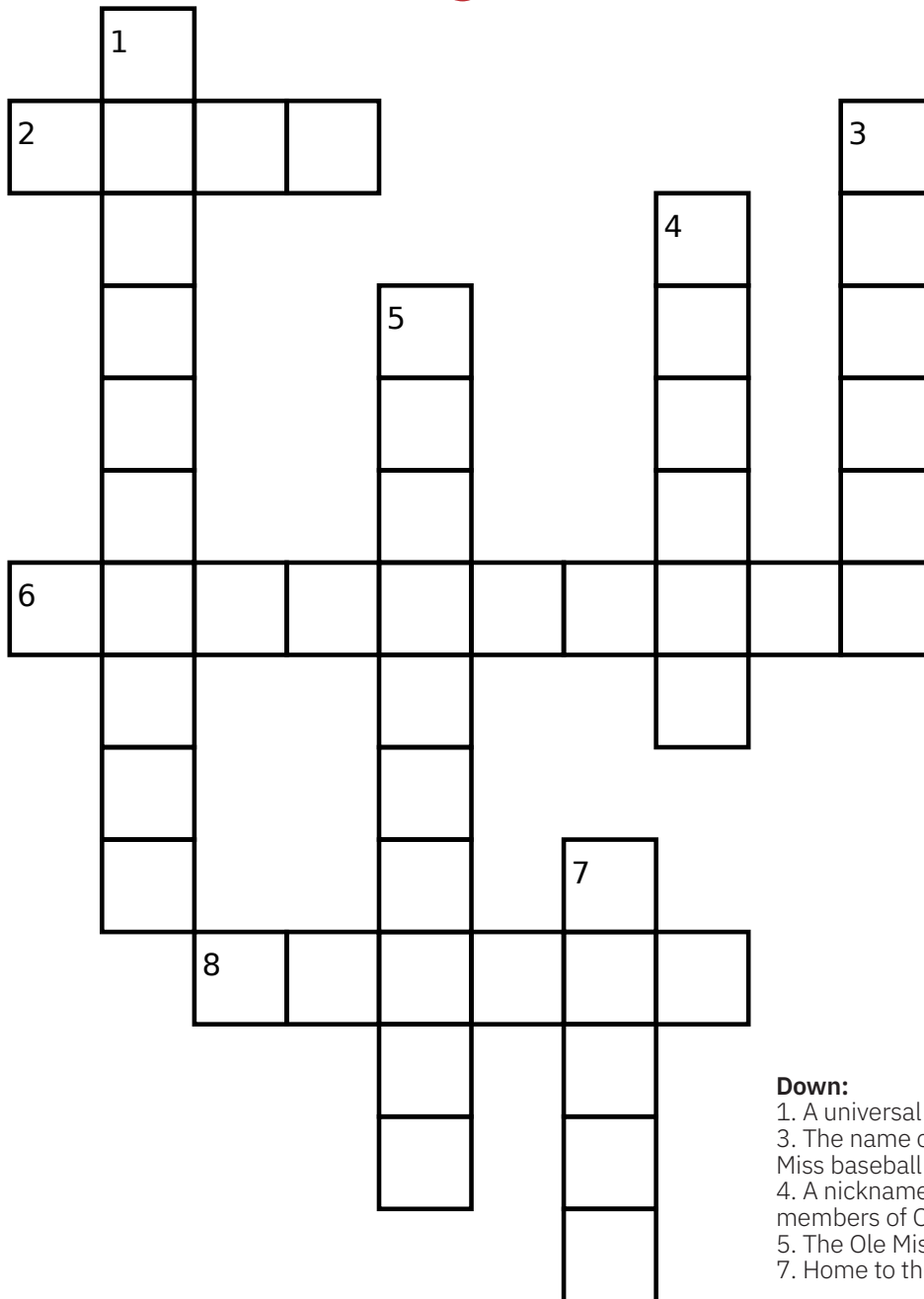
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# HOTTY TODDY

## *Crossword*



**Down:**

- 1. A universal Ole Miss greeting
- 3. The name of the Ole Miss baseball field
- 4. A nickname for the members of Ole Miss
- 5. The Ole Miss head football coach
- 7. Home to the squirrels of campus

**Across:**

- 2. The name of the Ole Miss mascot (he is a land shark)
- 6. One of the game day colors
- 8. The home of the University of Mississippi



Photo by Zoe Keyes





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|--|--|---|
| <br><b>AUG. 31</b><br>Furman        | <br><b>SEPT. 7</b><br>MTSU        | <br><b>SEPT. 14</b><br>@ Wake Forest |
| <br><b>SEPT. 21</b><br>GA Southern | <br><b>SEPT. 28</b><br>Kentucky  | <br><b>OCT. 5</b><br>@ S. Carolina  |
| <br><b>OCT. 12</b><br>@ LSU       | <br><b>OCT. 26</b><br>Oklahoma  | <br><b>NOV. 2</b><br>@ Arkansas    |
| <br><b>NOV. 9</b><br>Georgia      | <br><b>NOV. 23</b><br>@ Florida | <br><b>NOV. 30</b><br>Miss State   |



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